

QUOTES from PARTICIPANTS' REPORTS

2012- 2014

(original grammar and spelling)

1. I have become quite confident in communicating in a different language and therefore feel more comfortable in a foreign country. I have now realized I have the ability to learn a new language. Although I have a long way to go before I am fluent I am now confident that with time and effort on my part I will be able to become fluent. Katie Georgia Holms, Bulgaria June 2013
2. We got together as a group at the Amber Foundation. Our team leader Barry organized the trip with Bhagavat organization. Before coming to Bulgaria we took part in language lessons and learning about the culture. We were also given a timetable for the two weeks before we got here, so it gave us an idea on the two weeks. Liam Walker, June 2013, Bulgaria
3. I have found this trip very inspirational and it has changed my view to life. This experience will certainly help my confidence in getting a job in the near future. Liam Walker, June 2013, Bulgaria
4. I have gained a new life experience and this will help me in job interviews and good things to put on my CV and conversations with others. Ross Jones, June 2013, Bulgaria
5. Since being on my mobility abroad I have learned what I really want to do with my life which is working abroad helping people that are less fortunate than me. I have learnt a lot of personal skills and life skills. Charlie Bitten, June 2013, Bulgaria
6. I have learnt to express myself in Bulgarian and built up my confidence. I would definitely consider working in another country after this experience. Matthew Taylor, Bulgaria 2013
7. I feel this has really made me understand who I am as a person and how I have changed a lot since moving to Amber and having the chance to come out here, I feel that doing this project will really help me towards getting a job I enjoy and

shows employers that I am able to do things that a lot of people would not want to undertake. Lee Dimmer, Bulgaria 2013

8. I feel this is a very good opportunity for people to do and it provides them with good skills and give them a good chance in find the sort of employment they want when employers to what they have done during this project. Lee Dimmer, Bulgaria 2013
9. This will give me a good foot hold in any possible position abroad and also assist with my working style and ability to learn new skills. I am quite a motivated person so this tyoe of work has inspired me to look for further education or training with the other countries. It will help to improve and build my Cv up to a standard recognized by national government bodies and put me in good stead for future employment. Steven Merrilees, Bulgaria 2013
10. It has helped me more than I can explain, I think I have a different out look on life now. Im more confident to travel abroad and learn new languages, and inspired me to get a job as soon as possible. Jed Shaddick , Bulgaria 2013
11. Iv had an absolutely amazing time and im going to miss the kids extremely, even the things I found difficult and didn't enjoy at the time have made me a better person and I wouldn't change any of it. Jed Shaddick , Bulgaria 2013
12. I feel this time abroad has really benefited me it has shown me better understanding of different cultures and made me realize quite how much I take for granted. This has been a really amazing experience and I have learnt new skills and will leave here with a great sense of atchievement and will be a great thing to have on my CV. With this being my first time abroad I think this is the best thing I could have done as it has been character building and and humbling. Lindsey Dunne, Bulgaria 2013
13. I have gained a few benefits, whilst abroad I have noticed that I should make a greater effort in being a dad, this is just from spending two weeks working in an orphanage. It will look really good on my cv for when I get back to England showing that I have been doing volunteering work. I have gained a few qualifications whilst abroad which is always a bonus but most important its improved my perspective on life and not take my own for granted. David Moody, Bulgaria 2013

14. I have gained an experience that I would not have had in UK and this experience will enhance my job opportunities and I have developed new skills as a person, for example working as part of a team. Archie Vick July 2013, Bulgaria
15. I am more interested in my studies that before and feel I have a better understanding of people in a foreign country. Emma Masterson, July 2013 Bulgaria
16. I feel grateful to have such a brilliant opportunity to improve myself not only as an individual but also to make a difference to other people's lives. I am very happy to be receiving four different recognizable documents from two weeks volunteering abroad. Andre Watson. Bulgaria 2013
17. There has been so many benefits from this mobility abroad. I learnt basics in a new language, I was able to put my life and the quality of it into perspective. As well as being able to move forward positively in my life. When I put it on my Cv that I've had such a wonderful opportunity then I am sure it will assist me in the future with jobs etc. it will also affect me in my personal life to no end. Its difficult to be ungrateful for what you have seen how hard life can be for some people in the world. Andre Watson. Bulgaria 2013
18. From working at the orphanage I realize how lucky I am and I enjoyed interacting with them and using the Bulgarian I have learnt. Experiencing a different culture has been beneficial this experience will certainly help me in the future and enhance my Cv. Holly Buckle, Bulgaria 2013
19. I feel very happy to know that I am going to be receiving 4 qualifications from this trip. It makes me feel very happy inside to know that I worked hard for these 4 grades, and did something good to get them, these two weeks have been very emotionally and physically draining but I am glad I have done something good for these kids. Fern Marie Collins, May 2014
20. We had 2 representatives from Bhagavat Educational Trust called Bobbie and Galia who helped us with the language barriers, advise us on how to organize our day etc. During my time here I have found it to be a life changing experience. When I first came I had really low self-esteem and didn't have the confidence to speak up about anything but since working with the team and getting encouragement from both my team leaders from Amber, Bobby and Galia and most of all my other team members, I have come out of my shell and my

confidence has really grown. It was team leader for a day and really enjoyed the responsibility. My team respected me and did what I asked them to do. When I had a free moment I spent time with the children and practiced the Bulgarian words I learned. Emily Walls, May 2014 Bulgaria

21. My new found confidence and the skills I have learned will be of great help when I go back into the workplace and I feel that this has been a life changing experience for me. Emily Walls, May 2014 Bulgaria

22. I am so excited to get four more qualifications as these qualifications will go along way to potential employees and it will be an asset to my CV. Christopher Davison, May 2014 Bulgaria

23. I am very happy and proud of myself and an eye opening, and have I learnt not to take what I have for granted and realize what I have im lucky to have as I have seen people happy with having nothing. Jarren MCPHERSON, May 2014

24. Since coming to Bulgaria and taking part in this project my overall view of being an integral part of a team all determined to complete a project and working as one has filled me with pride and admiration. Ashley James Ward May 2015

25. I have achieved respect and more self confidence being on this project. I have learnt a different language and life experience in working abroad. Charlie Cavan, May 2014 Bulgaria

26. Bhagavat were very supportive at all times with any language barriers, questions about culture and so on, and were always available for this. Each day was spent at the orphanage and my job was to scrape old paint from the hall wals, sand it down, and repaint in a bright color. I was team leader for 1 day and really enjoyed the experience. I gained confidence from it. Bobbie and Galia, our interpreters from Bhagavat and Janine and jo, our team leaders from amber were all very supportive at all times. Luke Brimson, May 2014 Bulgaria

27. This program has benefited me to a great extent it has given me an experience of culture, structure, routine and a self of achievement. In my professional life this Will help me to develop In my career and goals to as U;IIS' experience has taught me employability skills and made me more passionate about my career direction. Jade Nicol Sephton, 30.05.2014, Izmit, Turkey

28. All this experience helped me work in a big group when it was something I didn't like before. James Hawthorne, May 2014, Turkey
29. My confidence has went up and my emotions have changed I feel more good about myself to do things better and learned to get along with other. Sean Dunn, May 2014, Turkey
30. As well as the recognition, I have gained greatly in confidence both in the workplace and elsewhere. This was my first experience traveling abroad or by air. I think that my chances of securing employment have been greatly improved. Benjamin Richard Firth, March 2012 Bulgaria
31. I believe the project has given me the motivation to return home and look for work, and immediately have an advantage when looking for a job in the form of the qualifications we have received. Luke Roberts, March 2012, Bulgaria
32. I have gained empathy for those in less fortunate situations, confidence in myself, the foundations of a new language, and a good experience of working in a team. I expect this to have a good impact on my professional life as I now have experience of teamwork, self-motivation, and higher confidence in my skills. Nathan Scott, April 2012, Bulgaria
33. I have gained a lot of confidence, and accumulated some experiences. I think the experience I have gained will will vastly improve my CV and make me more likely to be considered for employment back in the UK. CAMERON DAVID SIMPSON, May 2012, Bulgaria
34. This project has benefitted me intensely due to the skills I have picked up from the project. It has helped me learn how to work to an exceptional level with in a tight team of other enthusiastic mates and has boosted my confidence levels to an all new highs. Richard Tyler, May 2012, Bulgaria
35. I am very happy Withthe recognition in which the two weeks abroad Will provide me and this Will show potential employers this amazing experience I has been involved in. Jade Nicol Sephton, 30.05.2014, Izmit, Turkey
36. Learning local culture, umproving language Skills, beig more confident and because of my new learnt skills I feel more confident about applying for different jobs. My general level of confidence has really improved and this has given me

more opening in all different direction. Shaun Harry Charles , 29.05.2014, Izmit, Turkey

37.This mobility has enabled me to work in a team and experience a different culture both from a learning and working point of view. I believe having done this perspective employers will be impressed by what I've achieved here. Stephen Clements, 29.05.2014, Berkovitsa, Bulgaria

38.BHAGAVAT WERE VERY SUPPORTIVE AT ALL TIMES WITH ANY LANGUAGE BARRIERS. QUESTIONS ABOUT CULTURE AND SO ON, AND WERE ALWAYS AVAILABLE FOR THIS. EACH DAY WAS SPENT AT THE ORPHANAGE AND MY JOB WAS TO SCRAPE OLD PAINT FROM THE HALL WALLS SAND IT DOWN, AND REPAINT IN A BRIGHT COLOUR. I WAS TEAM LEADER FOR 1 DAY AND REALLY ENJOYED THE EXPERIENCE.I GAINED CONFIDENCE FROM IT. BOBI AND GAILA, OUR INTERPRETERS FROM BHAGAVAT AND JANINE AND JO. OUR TEAM LEADERS FROM AMBER WERE ALL VERY SUPPORTIVE AT ALL TIMES.

39.THE BENEFITS I GET FROM THIS WILL BE A BETTER CHANCE OF WORK OUTSIDE THE UK, AND I HAVE GAINED EXPERIENCE OF LIVING AND WORKING IN ANOTHER COUNTRY. Luke Brimson, 24.05.2014, Bulgaria

40.i have gained a great life experience and 'expect an enormous impact on personal and professional life as i can use this well in my CV and also it won't be forgotten that i have had this amazing experience. Joshua Scott, 29.05.2014, Berkovitsa